

LEE ROPPEL, LPCC

LICENSED PROFESSIONAL CLINICAL COUNSELOR

Lee Roppel is a Professional Clinical Counselor with 11 years experience. He obtained a bachelor's degree in psychology and sociology from Walsh University and a master's degree in Community/Agency counseling from Cleveland State University.

Lee has worked at the Cleveland Clinic and Ohio Guidestone. He has presented at the All Ohio Counselor Conference in Columbus, Ohio as well as at area schools.

Lee has developed a wide variety of techniques due to the diverse populations and needs of those with whom he has worked over the years. He utilizes a very caring approach to assist his clients in identifying barriers to progress and supportively empowering them to achieve their goals.

Specialties

ADHD
Anxiety
Bi-polar Disorder
Depression
Parental Guidance
PTSD/Trauma
Relationship Issues
School Difficulties
Self-harm
Stress

Therapeutic Techniques

Cognitive Behavioral
Existentialism
Integration
Mindfulness
Rogerian
Solution Focused
Transtheoretical

Client Age Range

12 and older

Payment Options

Cash, Check, Out-of-network insurance coverage